



THE KING'S SCHOOL
C H E S T E R

FROM THE MASTER IN CHARGE OF
ROWING
Mrs K L Shapland MA

7 October, 2008

The King's School Rowing Club's kit is available from the Godfrey Sports website, www.godfrey.co.uk. Simply click on "Go to your club page!" and scroll down to "King's School Chester BC". There are separate pages for J14, J15 and J16/Senior kit, together with a page for general training kit and sundries. Payment is by credit/debit card or by cheque made payable to Godfrey Sports Ltd. Any item can be ordered at any time on an individual basis but if you order on or before the date, which is shown on the website, for collated orders each term, you will be able to purchase some items at a discount and if you put the school as your delivery address, you won't be charged for postage. This term's date is **Wednesday, 8th October 2008** and delivery has been promised within 3-4 weeks.

J14s

The rules of racing state that each crew must wear a "standard" kit, which for J14s is the green T-shirt. You are welcome to purchase the shorts and/or leggings from Godfrey Sports but navy or black cycling shorts (the unpadded variety!) or "Ron Hills" are equally acceptable, as are the girls' athletic shorts. We do expect pupils to wear King's kit when training, however, just as they would if they had chosen any of the other games options. It is also worth bearing in mind that although the trend may be for baggy shorts and T-shirts, these sorts of clothing do not lend themselves very well to rowing; your shorts are likely to get caught in the slide and your blade handles will get stuck in your T-shirt, which is why most rowers race in all-in-ones. Although we try to keep costs down for our new rowers, it may be worth investing in one of the "supplex long sleeve performance T-shirts", which can found on the "Sundries & Training Kit" page of the Godfrey website, for the winter. When they start to travel away to competitions, the J14s will also require 10 and 13mm spanners so a "rigger jigger", which has both sizes, would be a good investment.

J16s/Seniors

If you don't already have an all-in-one, we've found a different manufacturer who can supply them at a cost, which is cheaper than Godfrey's bulk order price, but we are currently waiting for samples so you might not want to place your all-in-one order yet. If you already have a "Godfrey" all-in-one and are happy with it, please do not feel that you have to replace it with one of the new ones. You will need one or the other for racing, although other King's all-in-ones are fine for training.



INVESTOR IN PEOPLE

School: 01244 689507
Fax: 01244 689501
Mobile: 07812 173 702
E-mail: karenshapland@kingschester.co.uk

The King's School, Chester CH4 7QL

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