

KSRC Weekly Newsletter

January 27th, 2010 Issue 17

Triathlon a great success, over £1200 raised so far !

Sponsorship Forms & Targets: Triathlon

With over £1200 raised so far the triathlon has proved to be a great success, please continue to give generously to your selected year groups at the websites below :

Senior Squad:

<http://www.justgiving.com/KSRC-Triathlon-2010-SS>

J15 Squad:

<http://www.justgiving.com/KSRC-Triathlon-2010-J15>

J14 Squad:

<http://www.justgiving.com>

Triathlon Review

Over 80 members of the club completed the triathlon this Sunday morning. The event, consisting of a 2K ergo, 5K run and a 200 metre swim tested the athletes as they pushed themselves to beat the clock and their team rivals. The overall winner of the event was Harry Ashworth, who completed all three events in 32 minutes and 39 seconds, closely pursued by Will Miller in 2nd place. Niall Barrow produced an extraordinary result to win the 3rd form event but also come 4th in the overall standings. Of the other categories, Will Gale-Hasleham won the 4th form boys event, Rachael Alcock the girls. Henrietta Green led the 3rd form girls in whilst Illina Sen was the winner of the senior girls competition. It's back to the water for next weekend with many of the clubs eights heading to Monmouth for some pre-season warm up matches against the schools from South Wales.

JL Kit

KIT ORDER WINDOW OPEN UNTIL 9am MONDAY 1st FEBRUARY

If you missed the original kit order or wish to place a new order must go to:

(full details to be found on the rowing club website)

Website address: <http://www.crewroom.biz/teamroom/default.aspx>

JL Kit Return

If you have any remaining kit which hasn't been sold on and needs changing please return it to school in the original bag, unused so that it can be recorded. JL are yet to confirm if they can take returns, however the club needs a definitive list of kit before a decision is made. Please therefore return any kit a.s.a.p that needs changing to Mr Blackham

The start of the season – a J15's view

Beginning of the Lent term is also the start for the Head season for us rowers. The recent triathlon was a great start to the season. Despite wet weather and gruelling conditions, we all came away with something; whether it be aching bones or an unexpected win. Though the head season is often not seen as exciting or as competitive as it's regatta counterpart it is still a good opportunity for picking up a few medals and those rare moments of glory, such as the one last year for the current J15 squad.

The rapidly upcoming Hampton Head is a somewhat of a landmark to most of us. When the A and B J14 Octs went last year, it was our first major race away from home and we knew little of what to expect. We raced in mixed crews as no-one, not even ourselves, knew what to expect from our first major race away from home. Never-the-less, we were determined to put our name on the map and raced with everything we had. Unfortunately, we had to return back to Chester before the results could be read out and so it was to everyone's great surprise that, despite not overtaking a single crew, the 'A' Oct won with the 'B' Oct coming a close 3rd in the same event! (Ironically, thanks to missing the medals presentation we did not receive them until at least 8 months later.) This thankfully set the tone for the whole year and despite a few ups and downs along the way, the A crew came out on top with a satisfying win in the National Schools Final. And so we come back to here and now. Though we may have won last year, other crews are hungry for revenge and I'm sure Hampton will be looking for retribution on their own turf. The imminent Monmouth Head will hopefully be a good test of how hard we've worked ourselves so far and how much harder we will need to if we want to stay on top of the pile.

Edward Newman – J15 '10

Dates for the diary:

J15 (boys & girls +	
Girls 1 st VIII match v	
Habs/MSRC)	30/01/10
Hampton Head	6/02/10
Peterborough Head	6/02/10
Trent Head	28/02/10
Schools Head	11/03/10

Quote of the Week:

'Sir, we're going out for an outing, we may be some time'

J15 Oarsman