

# KSRC Weekly Newsletter

February 3<sup>rd</sup>, 2010

Issue 18

## Valuable experience gained in Monmouth



Clear blue skies and good racing conditions were experienced at Monmouth last weekend

### Monmouth Head – January 30<sup>th</sup>

Five of the schools VIII's raced twice over a three kilometre course in Monmouth on Saturday. With good conditions throughout the day the crews performed admirably on unfamiliar waters. The girls first VIII were the quickest girl's crew of the day, fending off some fierce competition from the girls from Haberdashers Monmouth, eventually beating the Habs 1st VIII by 0.4 of a second. The girls under 15 VIII raced well in their first race of the season, coming in 18 seconds off the under 15 crew from Haberdashers.

Three boys under 15 VIII's raced against crews from Cheltenham College and Monmouth School. In the first race the Under 15 "A" boat went well, beating the Monmouth Under 16 boat and Cheltenham College's 2nd VIII. The King's Under 15 "B" VIII was not to be outdone and produced an excellent result to beat the "A" boat in the second race. The Under 15 "C" VIII gained some valuable racing experience and will look to improve on their performances in next week's Hampton Head Race in West London.

#### Sponsored Triathlon

*Total Raised*

**£1348**

Thank you to everyone who competed, sponsored an athlete and helped on the day

#### Pamper Evening

*Total Raised*

**£600**

An enjoyable evening was had by all at the recent pamper evening. A big thank you to Srabani Sen who made the evening possible and to the senior girls squad and the KSRCPA committee members who worked so hard to make the evening such a success.

Plans are now in place to expand the format for future events!

#### Quote of the Week:

"The second run was definitely better than the first, I didn't really know where I was on the first run!"

*J15 Oarsman*

#### Hampton Head Details

To be found at:

[http://www.hamptonschool.org.uk/sport/rowing/hh/48\\_2010\\_instructions.shtml](http://www.hamptonschool.org.uk/sport/rowing/hh/48_2010_instructions.shtml)

#### Head of the Nene Details:

To be found at:

<http://www.peterboroughcityrowing.co.uk>

#### Dates for the diary:

Hampton Head	6/02/10
Peterborough Head	6/02/10
Trent Head	28/02/10
Schools Head	11/03/10