

KSRC Weekly Newsletter

March 3rd, 2010 Issue 21

The New Girls 1st VIII arrives, Boys 1st VIII Win the Dee closed Head

Quote of the Week:

"bit of driftwood out there..."
High tides - spring '10

Dates for the diary:

Schools Head 11/03/10
Sculling Head 12/03/10
North of England Head 20/03/10

Weekend Arrangements

SATURDAY

North West Inter-Regional Trials team sheet attached

Training on the Dee:

	Time
Boys Senior Squad	0800
Girls Senior Squad	0800
J15 C VIII	0830-1130
J14 B/C boys octuple + remaining girls	0830-1130
J15 A & B VIII	1030-1330

SUNDAY

Senior Squad (boys) & J14 squad as advised by DL/NSO/PT



Schools Head 2010

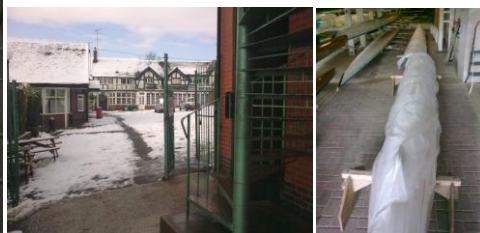
Senior Squad (boys)
Dep. 1330 10/03

Senior Squad (girls) & J15 Squads
Dep. 1630 10/03

All return 2100 11/10

Sculling Head 2010

J14 Squad
Dep. 0730 12/03



Spring snowfall and the new girls 1st VIII boat at the club