

# KSRC Weekly Newsletter

May 19<sup>th</sup>, 2010 Issue 29

## Shrewsbury Regatta paves the way for National Schools



Recent shots of the J15 squad in chester



KSRC 1<sup>st</sup> VIII Vs. RSSBC 1<sup>st</sup> VIII

### Shrewsbury Regatta

#### Wins:

IM2 coxed fours  
Novice coxed fours  
J18 Girls VIII's  
J14 A Octuples  
J14 B Coxed Quads

### Dates for the diary:

National Schools 28/05  
Rowing Club BBQ 12/06

### Shrewsbury Regatta

Write up found at:

<http://kingsschoolrowingclub.edublogs.org>

### KSRC Marquee at the National Schools Regatta

Any parents attending the National Schools Regatta and willing to help on any of the days with the food and support of the athletes please contact Nicki Miller at [stivelooms@tiscali.co.uk](mailto:stivelooms@tiscali.co.uk). All help and support is gladly welcomed at the event and parents are encouraged to get involved if possible



### Shrewsbury Regatta Thank you

Many thanks to all the parents who helped with the Gazebo, food and support this weekend at Shrewsbury Regatta. The help was appreciated by both the athletes and coaches. In particular, a big thank you to the Millers, Sens, Greens, Barnards and the Temple-Murrays for their support towards the day.

The refreshments on the day would have not been possible without the generous support of these parents.

### Chester Half Marathon

Well done to Charlotte Seddon and Charlotte Gillies who completed the Chester half marathon at the weekend in a time of 2 hours and 5 minutes. Both girls have rowed for the senior girls this year and Charlotte Seddon currently rows in the 7 seat in the girls 1<sup>st</sup> VIII.

### Ergo Machines for sale

The club has 4 remaining rowing machines for sale; these are concept 2 model C machines with PM2 monitors. They are priced according to age and use at £400/ £450 & £480. If you would be interested in buying or having a look at them please email [djb@kingschester.co.uk](mailto:djb@kingschester.co.uk). They will be advertised on eBay next week so please send your interest in this week.

### National Schools Regatta

Details at:

<http://www.nsr.org.uk>

### Rowing Club BBQ

Saturday 12<sup>th</sup> June

Please see flyer for details

### Saturday Training Times:

J15 Boys 4+ & 2x 1100  
J15 Girls 0830 & 1100

### 1<sup>st</sup> VIII & J15 VIII's Nottingham City

J14 Development Squad 0830 All others as advised  
J16 VIII update on the blog!