

# Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Hot dish	Sausage & mash	Korean BBQ chicken with flatbreads	Slow braised beef rendang curry with lemongrass rice	Roast pork loin with bramley apple stuffing & gravy	Katsu chicken curry with sticky rice
Vegetarian dish	Butternut squash & goats cheese wellington	Fruity Sri Lankan sweet potato curry	Stuffed peppers	Brie, cranberry & leek tart	Homemade tomato & mozzarella pizza
Accompaniments	Mashed potato, carrots, sugar snaps & peas	Egg fried rice, corn on the cob, charred veg	Cavolo nero & sugar snap peas	Rosemary roast potatoes, parsnips, carrot & swede crush	Braised pak choi, baked beans & steamed rice
Alternatives/Extras	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar
Dessert	Rainbow sprinkle cake	Jam & coconut sponge	Apple & blackberry crumble with custard	Black forest gateau	Carrot cake
Chilled puddings	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



# Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Hot dish	Slow cooked beef chilli with tortillas & jalapeños	Greek chicken gyros with khobez bread & salsa	Beef lasagne with garlic & rosemary focaccia	Butter chicken with pilau rice	Hot dogs with curly fries
Vegetarian dish	Baked vegetable lasagne	Mac 'n' cheese	Vegetable pad thai with rice noodles & tofu	Vegan five bean tacos with spicy jalapeños	Homemade tomato & mozzarella pizza
Accompaniments	Steamed rice, roast carrot & parsnip, sugar snap peas	Skinny fries, savoy cabbage & spinach, roast Mediterranean vegetables	New potatoes, broccoli & cauliflower	Medley of vegetables & baby corn	Garden peas & baked beans
Alternatives/Extras	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar
Dessert	Milk chocolate bread & butter pudding	Lemon drizzle	Rhubarb & apple crumble	Raspberry & white chocolate cake	Victoria sponge
Chilled puddings	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



# Week 3 Menu

independents  
by *sodexo*

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Hot dish	Salt & pepper chicken, egg fried rice & mini vegetable spring rolls	Lincolnshire sausage casserole with cheesy mash	Piri piri chicken with Nando's style rice	Slow roasted ham with a honey & mustard glaze	Build a burger with chunky fries
Vegetarian dish	Courgette, tomato & three cheese tart	Quorn fajitas with steamed rice	Oumph thai green curry	Tomato & mozzarella tart with basil pesto	Homemade tomato & mozzarella pizza
Accompaniments	Chantonay carrots, steamed broccoli & baby potatoes	Cavolo nero & sugar snap peas	New potatoes, cauliflower cheese & honey roast carrots	Provincial roast new potatoes, roast parsnips & braised red cabbage	BBQ beans & steamed broccoli
Alternatives/Extras	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar	Soup of the day Pasta bar Jacket potato bar
Dessert	Tiramisu	Marble cake with chocolate sauce	Pear & apple crumble	Sticky toffee pudding	Chocolate brownie
Chilled puddings	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit

