

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and mash	Korean BBQ chicken	Slow braised beef rendang curry with lemongrass rice	Roast pork loin with stuffing and gravy	Katsu chicken wrap
Butternut squash and goats cheese wellington and mash	Sri Lankan sweet potato curry with rice	Stuffed peppers	Brie, cranberry and leek tart	Deep pan pizza
Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Sugar snap peas	Baby corn	Sugar snaps and cavolo nero	Rosemary roast potatoes, parsnip	Baked beans and wedges
Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day
Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots
Jacket and toppings	Jackets and toppings	Jacket and toppings	Jackets and toppings	Jackets and toppings
Rainbow sprinkle cup cake	Jam and coconut cup cake	Chocolate and cream muffin	Black Forest muffin	Carrot cake muffin





Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Slow cooked beef chilli and rice	Greek gyros with khobez bread	Beef lasagne pasta pots	Butter chicken with rice	Hot dogs
Vegetable pasta pots	Mac and cheese pots	Vegetable noodles with tofu	Butternut squash and five bean tacos	Deep pan pizza
Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Carrot and parsnip, corn tortillas	Skinny fries and roast med veg	Baby potatoes, chantonay carrots	Medley of veg	Baked beans and wedges
Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day
Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots
Jacket and toppings	Jackets and toppings	Jacket and toppings	Jackets and toppings	Jackets and toppings
Jam, cream and sponge pots	Lemon drizzle muffin	Rhubarb muffing with crumble topping	Raspberry and white chocolate muffin	Vanilla and strawberry muffins with cream topper





Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Salt and pepper chicken & fried rice	Sausage casserole & cheesy mash	Piri piri chicken wrap	Slow roast ham with a honey and mustard glaze	Build a burger
Courgette, tomato and three cheese tart	Quorn fajitas with rice	Oumph Thai green curry	Tomato and mozzarella tart	Deep pan pizza
Salad of the day	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Baby potatoes and broccoli	Sugar snap peas	Roast new potatoes, honey roast carrots	Roast new potatoes Roast parsnips	Baked beans and chunky chips
Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day	Gourmet sandwich of the day
Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots	Selection of salad pots
Jackets and toppings	Jackets and toppings	Jacket and toppings	Jackets and toppings	Jackets and toppings
Tiramisu	Marble muffin with chocolate frosting	Pear and apple muffin with crumble topping	Sticky toffee pudding muffin with toffee frosting	Chocolate brownie cupcake

