INPEPENBENTS WEEK 1 MENU 🗟 🍪 🖏 NDC hy sodex

Monday Thursday Wednesday Tuesday Plant Powered Plant Powered Plant Powered Plant Powered Korean BBQ quorn Meat free Sri Lankan sweet Vegetable pad thai Lincolnshire sausage with flatbreads potato curry with noodles Global Main Global Main Global Main Global Main Cumberland chipolata Slow braised beef Sticky chicken chow Korean BBO chicken

sausage

Sides Mash potato, pasta sugar snaps & gravy

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad Selection of salads S vegetable crudités

Dessert

Sprinkle cake

Daily Selection Fresh Fruit & Jelly

with flatbreads

Sides Rice, pasta & sweetcorn

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads S vegetable crudités

Dessert

Cookie dough brownie

Daily Selection of Fresh Fruit & Jelly

curry

Sides Rice, pasta & green beans

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads 3 vegetable crudités

> Dessert Toffee apple crumble

Daily Selection of Fresh Fruit & Jelly

mein

Sides Mash potato, pasta & sugar snaps

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads æ vegetable crudités Dessert

Chocolate fudge cake

Daily Selection of Fresh Fruit & Jelly

Friday

Plant Powered Tomato & mozzarella pizza

Global Main

Katsu chicken curry

Sides Rice, chips & garden peas

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad

Selection of salads 5. vegetable crudités

Dessert

Victoria sponge

Daily Selection of Fresh Fridit Jelly

Allergy information available on request

WEEK 2 MENU 🗟 🗞 🐼 NDC VISADARYCOLACE

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Monday

Plant Powered Five bean chilli with tortillas

Global Main Beef chilli with tortillas

Sides Rice, pasta & carrots

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert Chocolate bread & butter pudding

Daily Selection f Fresh Fruit & Jelly

Tuesday

Plant Powered Mac 'n' cheese

Global Main Greek chicken gyros with flatbreads

Sides Skinny fries, pasta

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

Lemon drizzle sponge

Daily Selection of Fresh Fruit & Jelly

Wednesday

Plant Powered Quorn Swedish style meatballs & gravy

Global Main Swedish style meatballs & gravy

Sides Mash potato, pasta & broccoli

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

Banoffee pie

Daily Selection of Fresh Fruit & Jelly

Thursday

Plant Powered Cheese & vegetable tart

Global Main Chorizo, chicken & seafood paella

Sides

Pasta & baby corn

Jacket potato with a choice of fillings Grated cheddar cheese, tuna mayo &

baked beans

Selection of salads & vegetable crudités

Dessert

Tiramisu

Daily Selection of Fresh Fruit & Jelly

Friday

Plant Powered Tomato & mozzarella pizza

Global Main

Chicken fajitas

Sides Chips, pasta & garden peas

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

White chocolate gingerbread

Daily Selection of Fresh Fruit Jelly

Allergy information available on request

WEEK 3 MENU 🗟 🗞 🕼 NDC NDC Sodex

Monday

Plant Powered Salt & pepper quorn pieces

> Global Main Salt & pepper chicken

Sides Rice, pasta & carrots

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

Marble cake

Daily Selection f Fresh Fruit & Jelly

Tuesday

Plant Powered Thai red vegetable curry

Global Main

Butter chicken curry

Sides Rice, pasta & sugar snaps

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

Oreo cheesecake

Daily Selection of Fresh Fruit & Jelly

Wednesday

Plant Powered

Quorn fajitas

Global Main Piri piri chicken wrap

> Sides Rice, pasta & cauliflower

Jacket potato with a choice of fillings Grated cheddar

cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

> Dessert Sticky toffee pudding

Daily Selection of Fresh Fruit & Jelly

Thursday

Plant Powered Cheese & tomato tart

Global Main Pork schnitzel with gravy

Sides New potatoes, pasta, broccoli & gravy

Jacket potato with a choice of fillings Grated cheddar cheese, tuna mayo &

baked beans Salad Selection of salads

& vegetable crudités

Dessert

Carrot cake

Daily Selection of Fresh Fruit & Jelly

Friday

Plant Powered Tomato & mozzarella pizza

Global Main

Fish goujons

Sides Chips, pasta & garden peas

Jacket potato with a choice of fillings

Grated cheddar cheese, tuna mayo & baked beans

Salad Selection of salads & vegetable crudités

Dessert

Blondie

Daily Selection of Fresh Frank Jelly

Allergy information available on request