

WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plant powered	Korean BBQ quorn flatbreads	Meat free Lincolnshire sausage	Hoi sin quorn with stir fried vegetable noodles	Sri Lankan sweet potato curry	Homemade tomato & mozzarella pizza
Global Main	Korean BBQ chicken with flatbreads	Butchers style Cumberland sausage	Sticky teriyaki chicken with stir fried vegetables noodles	Slow braised beef rendang curry	Katsu chicken curry
Sides	Egg fried rice, corn on the cob & charred veg	Mashed potato, carrots, sugar snaps & peas	Sesame roast broccoli & carrots	Lemongrass rice, cavolo nero & sugar snap peas	Rice, corn on the cob & baked beans
Sandwich of the day	Soft white ovals with a choice of fillings & side salad	White bloomer with a choice of fillings & side salad	White baguette with a choice of fillings & side salad	Tortilla wraps with a choice of fillings & side salad	Tortilla wraps with a choice of fillings & side salad
Extras	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread
	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces
	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day
Dessert	Chocolate brownie	Raspberry & white chocolate melba	Chocolate fudge cake	Apple & berry winter crumble with custard	Victoria sponge
Light dessert	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit



WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plant powered	Mac 'n' cheese	Quorn Swedish style meatballs with gravy	Thai red vegetable curry	Mango, lime & chilli quorn fillet	Homemade tomato & mozzarella pizza
Global Main	Piri piri chicken wraps	Swedish style meatballs with gravy	Butter chicken curry	Moroccan harissa chicken	BBQ pulled pork bap with house slaw
Sides	Rice, savoy cabbage & spinach, roasted vegetables	Mashed potato, broccoli & cauliflower	Pilau rice, corn on the cob & sugar snap peas	Minted cous cous chantonay carrots & broccoli	Garden peas & baked beans
Sandwich of the day	White bloomer with a choice of fillings & side salad	Tortilla wraps with a choice of fillings & side salad	Soft white ovals with a choice of fillings & side salad	White bloomer with a choice of fillings & side salad	Tortilla wraps with a choice of fillings & side salad
Extras	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread
	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces
	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day
Dessert	Lemon drizzle cake	Bread & butter pudding with custard	Banoffee pie	Marble cake with chocolate sauce	Rocky road
Light dessert	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit



independents
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WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Plant powered	Tomato & mozzarella tart	Five bean chilli with tortillas	Quorn fajitas	Brie, leek & asparagus tart	Homemade tomato & mozzarella pizza
Global Main	BBQ chipotle chicken with flatbreads	Beef chilli with tortillas	Ham hock & chicken mac 'n' cheese	Balinese pork curry with sesame fried noodles	Freshly battered fish & chips
Sides	Seasoned wedges, cauliflower cheese & honey roast carrots	Rice, roasted vegetables & sugar snap peas	Sweet potato mash, rice, fine beans, broccoli & cheese bake	Baby potatoes, medley of vegetables & baby corn	Mushy peas & baked beans
Sandwich of the day	Tortilla wraps with a choice of fillings & side salad	Soft white ovals with a choice of fillings & side salad	White baguette with a choice of fillings & side salad	White bloomer with a choice of fillings & side salad	Tortilla wraps with a choice of fillings & side salad
Extras	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread	Soup of the day with homemade bread
	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces	Pasta bar with a selection of plant & meat-based sauces
	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day	Jacket potato with filling of the day
Dessert	Sticky toffee pudding	Lotus Biscoff cheesecake	Rainbow cake	Tiramisu	White chocolate blondie
Light dessert	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit	Freshly made yoghurt & sliced fresh fruit



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