

WEEK 3 MENU

Monday

Main Course

Salt & pepper chicken

Vegetarian

Mediterranean veg & three cheese quiche

Jacket Potato with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal Vegetables

Rice, baby potatoes pasta & broccoli

Salad

Composite salad & vegetable crudités

Dessert

Marble cake with chocolate sauce

Daily Selection of Fresh Fruit & Jelly

Tuesday

Main Course

Sausage casserole with cheesy mash

Vegetarian

Quorn fajitas with rice

Jacket Potato with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal Vegetables

Cheesy mash, pasta & sugar snap peas

Salad

Composite salad & vegetable crudités

Dessert

Tiramisu

Daily Selection of Fresh Fruit & Jelly

Wednesday

Main Course

Piri piri chicken wrap

Vegetarian

Oumph thai red curry

Jacket Potato with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal Vegetables

Rice, pasta & cauliflower

Salad

Composite salad & vegetable crudités

Dessert

Pear & apple crumble

Daily Selection of Fresh Fruit & Jelly

Thursday

Main Course

Roast turkey with stuffing & gravy

Vegetarian

Tomato & mozzarella tart with basil pesto

Jacket Potato with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal Vegetables

Roast new potatoes & carrots

Salad

Composite salad & vegetable crudités

Dessert

Sticky toffee pudding

Daily Selection of Fresh Fruit & Jelly

Friday

Main Course

Breaded fish fingers

Vegetarian

Tomato & mozzarella pizza

Jacket Potato with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal Vegetables

Chips, pasta & garden peas

Salad

Composite salad & vegetable crudités

Dessert

Chocolate brownie

Daily Selection of Fresh Fruit & Jelly

Allergy information available on request



WEEK 2 MENU

Monday

Main Course

Mild beef chilli con carne

Vegetarian

Baked vegetable lasagne

Jacket Potato

with a choice of fillings

Grated cheddar cheese,
tuna mayo or baked beans

Sides & Seasonal Vegetables

Steamed rice, pasta &
carrots

Salad

Composite salad &
vegetable crudité

Dessert

Chocolate bread & butter
pudding

Daily Selection of Fresh Fruit & Jelly

Tuesday

Main Course

Greek chicken
gyros

Vegetarian

Creamy macaroni & cheese

Jacket Potato

with a choice of fillings

Grated cheddar cheese,
tuna mayo or baked beans

Sides & Seasonal Vegetables

Skinny fries, pasta &
sweetcorn

Salad

Composite salad &
vegetable crudité

Dessert

Steamed lemon drizzle
sponge

Daily Selection of Fresh Fruit & Jelly

Wednesday

Main Course

Swedish style meatballs in
gravy

Vegetarian

Vegetable pad thai with
noodles & tofu

Jacket Potato

with a choice of fillings

Grated cheddar cheese,
tuna mayo or baked beans

Sides & Seasonal Vegetables

Mashed potatoes, pasta &
broccoli

Salad

Composite salad &
vegetable crudité

Dessert

Mango & pineapple crumble

Daily Selection of Fresh Fruit & Jelly

Thursday

Main Course

Butter chicken curry

Vegetarian

Vegan five bean tacos

Jacket Potato

with a choice of fillings

Grated cheddar cheese,
tuna mayo or baked beans

Sides & Seasonal Vegetables

Rice, pasta & baby corn

Salad

Composite salad &
vegetable crudité

Dessert

Chocolate fudge cake

Daily Selection of Fresh Fruit & Jelly

Friday

Main Course

Chicken fajitas

Vegetarian

Tomato & mozzarella pizza

**Jacket Potato
with a choice of fillings**

Grated cheddar cheese,
tuna mayo or baked beans

Sides & Seasonal Vegetables

Chips pasta & garden peas

Salad

Composite salad &
vegetable crudité

Dessert

Victoria sponge

Daily Selection of Fresh Fruit & Jelly

Allergy information available on request



WEEK 1 MENU

Monday

Main Course

Sausage & mash with gravy

Vegetarian

Butternut squash & goats cheese wellington

Jacket Potato

with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal

Vegetables

Mashed potato, pasta & sugar snap peas

Salad

Composite salad & vegetable crudités

Dessert

Sprinkle cake

Daily Selection of Fresh Fruit & Jelly

Tuesday

Main Course

Korean BBQ chicken with flatbreads

Vegetarian

Fruity Sri Lankan sweet potato curry

Jacket Potato

with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal

Vegetables

Rice, pasta & sweetcorn

Salad

Composite salad & vegetable crudités

Dessert

Jam & coconut sponge

Daily Selection of Fresh Fruit & Jelly

Wednesday

Main Course

Slow braised beef rendang curry

Vegetarian

Stuffed peppers

Jacket Potato

with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal

Vegetables

Rice, pasta & green beans

Salad

Composite salad & vegetable crudités

Dessert

Apple & blackberry crumble

Daily Selection of Fresh Fruit & Jelly

Thursday

Main Course

Roast pork loin with stuffing & gravy

Vegetarian

Brie, asparagus & leek tart

Jacket Potato

with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal

Vegetables

Roast potatoes, carrot & swede crush

Salad

Composite salad & vegetable crudités

Dessert

Black forest gâteau

Daily Selection of Fresh Fruit & Jelly

Friday

Main Course

Katsu chicken curry

Vegetarian

Tomato & mozzarella pizza

Jacket Potato

with a choice of fillings

Grated cheddar cheese, tuna mayo or baked beans

Sides & Seasonal

Vegetables

Rice, chips, pasta & garden peas

Salad

Composite salad & vegetable crudités

Dessert

Carrot cake

Daily Selection of Fresh Fruit & Jelly

Allergy information available on request

