



WEEK 1 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Korean BBQ quorn with flatbreads, egg fried rice, corn on the cob & charred vegetables

Korean BBQ chicken with flatbreads, egg fried rice, corn on the cob & charred vegetables

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Chocolate brownie
Jelly
Yoghurt
Fresh fruit

TUESDAY

Meat free Lincolnshire sausage with mashed potato, carrots, sugar snap peas & gravy

Butchers style Cumberland sausage with mashed potato, carrots, sugar snap peas & gravy

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Raspberry & white chocolate cake
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Sri Lankan sweet potato curry with wild rice, poppadoms, bhaji's, cavolo nero & sugar snap peas

Lamb rogan josh with wild rice, poppadoms, bhaji's, cavolo nero & sugar snap peas

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Apple & berry crumble with custard
Jelly
Yoghurt
Fresh fruit

THURSDAY

Hoi sin quorn fillet with stir fried vegetable noodles sesame roast broccoli & carrots

Sticky teriyaki chicken with stir fried vegetable noodles sesame roast broccoli & carrots

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Chocolate fudge cake
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza with chips, corn on the cob & baked beans

Meatball sub with chips, corn on the cob & baked beans

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Victoria sponge
Jelly
Yoghurt
Fresh fruit



WEEK 2 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Macaroni & cheese with roasted Mediterranean vegetables, savoy cabbage & spinach

Katsu chicken curry with wild rice, roasted Mediterranean vegetables, savoy cabbage & spinach

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Blueberry & lemon sponge cake
Jelly
Yoghurt
Fresh fruit

TUESDAY

Swedish style quorn balls with mashed potatoes, broccoli, cauliflower & onion gravy

Swedish style meatballs with mashed potatoes, broccoli, cauliflower & onion gravy

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Bread & butter pudding
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Vegan bao buns with steamed rice, corn on the cob & sugar snap peas

Greek chicken gyros with fries, corn on the cob & sugar snap peas

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Banoffee pie
Jelly
Yoghurt
Fresh fruit

THURSDAY

Mango, chilli & lime quorn fillet with creole rice & black eyed beans, vegetable medley, baby corn & mango salsa

Jamaican jerk chicken with creole rice & black eyed beans, vegetable medley, baby corn & mango salsa

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Marble cake with chocolate sauce
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza with chips, peas & baked beans

Spiced BBQ pulled beef tacos with dirty rice, peas, beans & salsa selection

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Rocky road
Jelly
Yoghurt
Fresh fruit



WEEK 3 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Tomato & mozzarella tart with new potatoes, cauliflower cheese & honey roast carrots

BBQ chipotle chicken with flatbreads, seasoned wedges, cauliflower cheese & honey roast carrots

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Carrot cake
Jelly
Yoghurt
Fresh fruit

TUESDAY

Five bean chilli with rice, tortilla chips, roasted vegetables, sugar snap peas & salsa selection

Beef chilli with rice, tortilla chips, roasted vegetables, sugar snap peas & salsa selection

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Strawberry crumble cake
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Quorn fajitas with steamed rice, fine beans & broccoli & cheese bake

Chicken & ham hock macaroni & cheese with fine beans & broccoli & cheese bake

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Sprinkle sponge cake
Jelly
Yoghurt
Fresh fruit

THURSDAY

Thai red vegetable curry with egg fried rice, vegetable spring rolls, prawn crackers & baby corn

Chinese chicken curry with egg fried rice, vegetable spring rolls, prawn crackers & baby corn

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Tiramisu
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza served with chips & baked beans

Freshly battered fish & chips with mushy peas & baked beans

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Chocolate biscoff sponge cake
Jelly
Yoghurt
Fresh fruit



WEEK 4 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Korean BBQ quorn with flatbreads, egg fried rice, corn on the cob & charred vegetables

Korean BBQ chicken with flatbreads, egg fried rice, corn on the cob & charred vegetables

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Brookie
Jelly
Yoghurt
Fresh fruit

TUESDAY

Meat free Lincolnshire sausage with mashed potato, carrots, sugar snap peas & gravy

Butchers style Cumberland sausage with mashed potato, carrots, sugar snap peas & gravy

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Jam & coconut sponge with custard
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Vegetable jalfrezi with wild rice, poppadoms, bhaji's, cavolo nero & sugar snap peas

Beef rendang with wild rice, poppadoms, bhaji's, cavolo nero & sugar snap peas

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Apple & berry crumble with custard
Jelly
Yoghurt
Fresh fruit

THURSDAY

Vegan cottage pie with broccoli & carrots

Chicken, leek & ham hock pie with sweet potato mash, broccoli & carrots

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Chocolate flake gateaux
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza with chips, corn on the cob & baked beans

Meatball sub with chips, corn on the cob & baked beans

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Victoria sponge
Jelly
Yoghurt
Fresh fruit



WEEK 5 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Macaroni & cheese with roasted Mediterranean vegetables, savoy cabbage & spinach

Katsu chicken curry with wild rice, roasted Mediterranean vegetables, savoy cabbage & spinach

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Blueberry & lemon sponge cake
Jelly
Yoghurt
Fresh fruit

TUESDAY

Swedish style quorn balls with mashed potatoes, broccoli, cauliflower & onion gravy

Swedish style meatballs with mashed potatoes, broccoli, cauliflower & onion gravy

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Bread & butter pudding
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Vegan tacos with steamed rice, corn on the cob & sugar snap peas

Paprika chicken with chorizo paella rice, corn on the cob & sugar snap peas

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

"Fakewell" tart
Jelly
Yoghurt
Fresh fruit

THURSDAY

Sweet potato saag aloo, vegetable medley & baby corn

Chicken & ham hock carbonara, vegetable medley & baby corn

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Marble cake with chocolate sauce
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza with chips, peas & baked beans

BBQ pulled pork sandwich with chips, peas & baked beans

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Rocky road
Jelly
Yoghurt
Fresh fruit



WEEK 6 MENU



PLANT POWER

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

Tomato & mozzarella tart with seasoned wedges, cauliflower cheese & honey roast carrots

Chicken fajitas with seasoned wedges, cauliflower cheese & honey roast carrots

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Oreo cheesecake
Jelly
Yoghurt
Fresh fruit

TUESDAY

Five bean chilli with rice, tortilla chips, roasted vegetables, sugar snap peas & salsa selection

Beef chilli with rice, tortilla chips, roasted vegetables, sugar snap peas & salsa selection

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Sticky toffee pudding
Jelly
Yoghurt
Fresh fruit

WEDNESDAY

Thai yellow vegetable curry with egg fried rice, vegetable spring rolls, prawn crackers & baby corn

Chicken korma with rice, poppadoms, Indian bites & baby corn

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Sprinkle sponge cake
Jelly
Yoghurt
Fresh fruit

THURSDAY

Veg lasagne with garlic focaccia bread, fine beans & broccoli & cheese bake

Beef lasagne with garlic focaccia bread, fine beans & broccoli & cheese bake

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Tiramisu
Jelly
Yoghurt
Fresh fruit

FRIDAY

Tomato & mozzarella pizza served with chips & baked beans

Freshly battered fish & chips with mushy peas & baked beans

Soup of the day
Pasta bar
Jacket potato selection
Deli sandwiches
Salad bar

Blondie
Jelly
Yoghurt
Fresh fruit